TCPTRAINING
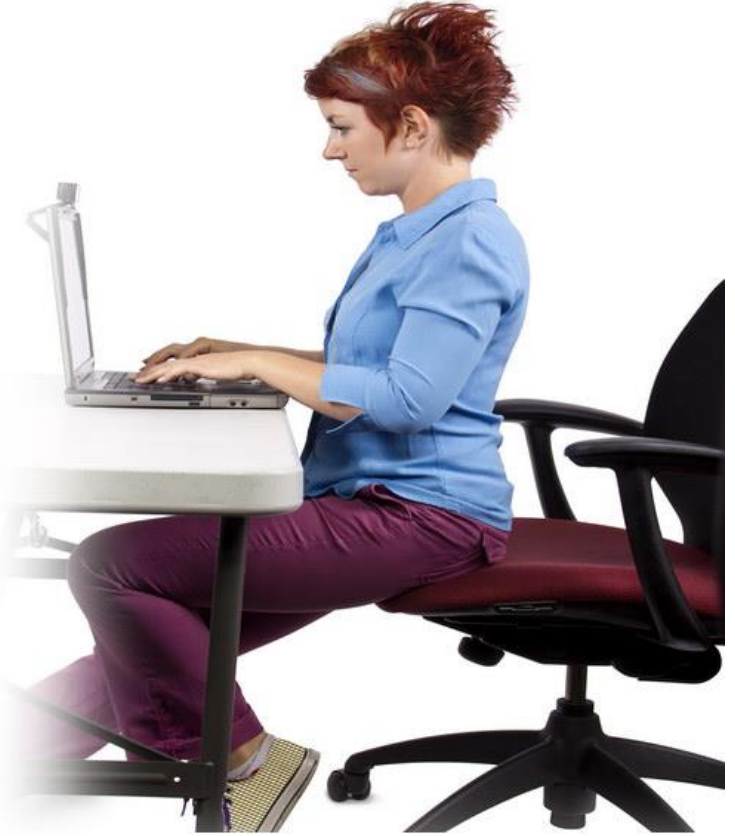
Office Ergonomics
Online Course Description

Cost: The cost for this program is $49 per person.

Workforce pricing: Contact us to discuss pricing for larger groups

Course details: This course will help you to understand how to set up an office workspace that is safe, healthy and productive. It will also outline how to ensure that a safe office environment is maintained at all times.

During this course, employees will learn about:

1. Common health risks that can occur in an office environment.

2. Best practices for setting up office equipment such as chairs and computer screens.

3. How to manage issues caused by noise, lighting and temperature of the room.

4. How to structure work breaks so that the risk of injury and illness is reduced.

Average completion time for this online course is 75 minutes.

Key Facts:

- 100% Online Course – Complete your course quickly and easily online, no need to visit a classroom.

- Same Day Certificate – Upon completion your certificate will be sent to you

- Learn at your own pace – We keep a record of how far you've progressed with your course, so you can complete it whenever you prefer.

Who is this course for? This course is for anyone who works in an office in an Australian organisation.

Don't wait to book your training, call now on 02 9232 1010, contact our team or book through our website www.tcptraining.com