

HLTAID001 Provide CPR – Course Description

<u>Course details</u>	 This course describes the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines. This course applies to all workers who may be required to provide CPR, in a range of situations, including community and workplace settings. This course is suited to all persons, including: Swim instructors Childcare workers Health specialists for CPD points Personal trainers New parents, families and carers Sports groups
<u>Training program</u>	 All students are required to arrive 30min before the course start time for registration and ID check. Any student who is more than 10min late will not be accepted into the course. Students must bring: Photo identification (licence or a passport) Pen and paper to make notes and complete assessment activities Comfortable clothing for practical activities which include scenarios involving people working on the ground There are 3 components to this program: Theory training in the classroom Practical training in the classroom Assessment for both knowledge and skills The classroom session is a 3.5hr program including breaks.
Cost & Location	The cost for this program is \$55 per person. Course delivered in Sydney, Parramatta and Dee Why for public. If organising a group booking or onsite training, we can facilitate the training nationally.
<u>Pre requisites</u>	 It is important to note that this course requires a level of physical ability to complete practical assessments. If your health or fitness restricts you from performing physical activities associated with this program, you will not be able to complete this course. Specifically, all participants must be able to perform two (2) minutes of uninterrupted CPR on an adult manikin and two (2) minutes of CPR on an infant manikin, on the floor. If you are unable to perform this practical task, we can issue you with a non-accredited certificate of participation. This course combines plain English, videos, photos, and questioning to ensure all learners are able to have the best possible chance at comprehending the required knowledge and skills. If you believe you will need assistance due to your Language, Literacy or Numeracy skills, please contact our office on 02 9232 1010 to discuss your training needs.
<u>Assessment</u>	 Students will be assessed during the classroom session. Assessment will confirm knowledge and skills have been achieved to demonstrate competency across the unit. Students are offered multiple opportunities to demonstrate knowledge and skills throughout the program. If a student is not successful in completing all assessments satisfactorily, they will need to rebook the course at the full course fee.

TCPTRAINING

	Assessment includes:
	Skills:
	✓ Safe manual handling
	✓ Identify hazards
	 Perform CPR (2 minutes each on an infant and adult manikin)
	 Unpack and use an automated external defibrillator
	 Place a casualty in the recovery position
	✓ Complete an incident report log
	 Provide an accurate verbal report of the incident
	Knowledge topics:
	✓ Regulations/codes of practice
	✓ Safe work practice
	 Legal considerations in first aid
	 Basic anatomy and physiology
	 Considerations when providing CPR
	✓ Chain of survival
	 Correct use of the automated external defibrillator
	 Physiology relating to response/consciousness
Certification	Once a competent mark is awarded, learners will be issued with a Statement of Attainment for
	HLTAID001 Provide cardiopulmonary resuscitation. This Unit of Competency is Nationally
	Recognised Training from Health Training Package.
	Certificates are emailed to students however hard copy is available for additional fee.
Recognition of prior	Students choosing to undertake RPL will need to be sent an RPL guide for their course. To
learning	request an RPL guide, please <u>contact our team</u> .
	In order to be eligible for RPL, the student must demonstrate currency in that particular
	subject. i.e. a student cannot submit evidence from 5 years prior and request it be applied
	directly to their new competency. They must show how they have since applied those skills
	and that they are current, including any practical skills associated to the program.

Don't wait to book your training, call now on 02 9232 1010, <u>contact our team</u> or book through our website <u>www.tcptraining.com</u>